



Community 2018 Highlights

Taking patient care to a higher level

2018 brought new services, new community programs, and medical milestones to Methodist Dallas

In the last year, Methodist Dallas Medical Center had many successes: the introduction of new technologies and procedures, increased community reach, and the achievement of new milestones. Read on to see some of our proudest moments from 2018.

NEW TECHNOLOGIES AND SERVICES

- **EOS® technology.** This new spine imaging system produces more comprehensive, full-body X-ray scans. The images give physicians optimal views of the head, spine, and pelvis.
- **Noninvasive endobariatric procedures.** Both the intragastric balloon and endoscopic sleeve gastropasty are effective weight-loss solutions that forgo the need for external incisions.
- **Peptide receptor radionuclide therapy (PRRT).** This cancer treatment can be tailored to the unique molecular properties of a patient's tumor.
- **Watchman™ implant.** This heart implant offers patients with nonvalvular atrial fibrillation an alternative to a lifelong use of blood thinners.

EXPANDED COMMUNITY REACH

- **Partners Clinic.** This clinic specializes in the care of people living with HIV, their partners, and



Ready to serve HIV patients and their families at the Partners Clinic are (from left) Paa Kwesi Yanful, PharmD, clinical pharmacist; Janice Lewis, medical assistant; Steven Klemow, MD, medical director of infection prevention; and Elizabeth Cardenas, registration representative.

- others at risk. It offers patients a range of preventive measures, some of the latest advancements in HIV treatment, and overall primary care.
- **Community Tobacco Cessation Support Group.** This group is open to the whole community and includes stress-reduction techniques and ask-a-physician meetings.
- **The Liver Institute expansion.** New extension clinics opened in Midland and McKinney.
- **Head and Neck Cancer Support Group.** Facilitators support patients by offering classes on stress reduction, mindfulness, and other related topics.

MAJOR MILESTONES

- **50th TAVR procedure.** The transcatheter aortic valve replacement (TAVR) is less invasive and can reduce heart patients' discomfort and recovery times.
- **100th robotic Whipple procedure.** This is a potentially lifesaving surgery for pancreatic cancer patients. Performed with the aid of the robotic da Vinci® Surgical System, the surgery can result in smaller incisions and faster recoveries.



STATE SENATOR HONORED AS 2018 FOLSOM AWARD RECIPIENT

Methodist Health System Foundation presented its 2018 Robert S. Folsom Leadership Award to Texas state Sen. Royce West. Since being elected to the seat in 1992, he has championed causes related to education at all levels and protecting at-risk youth. A formal dinner and celebration in his honor on Oct. 25, 2018, raised more than \$1.6 million toward a new oncology unit at Methodist Charlton Medical Center.



Radiology technologists (from left) Steven Elsbecker, Reyna Lluemas, Lauren Steinocher, and Robin Parrish and Radiology Manager Keral Patel take a picture in front of the new EOS imaging equipment during a training session.

Proud to work for community wellness

We're improving the health of our community with these initiatives

- **Diabetes education.** A monthly class reviews the ABCs of diabetes and offers tips for staying active and managing stress.
- **Faith Community Nursing.** Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.
- **Methodist Generations.** This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.
- **Unique Footprints.** These low-cost pre- and postnatal yoga classes help moms with their breathing, mobility, and overall wellness.
- **Life Shines Bright Pregnancy Program.** This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care.
- **Methodist Alliance for Patients and Physicians (MAP²).** This accountable care organization improves and saves lives through coordinated care for more than 85,000 people. These patients have seen overall improvement in health measures, as well as a lowered overall cost of care.

For these efforts, MAP² has achieved national recognition for the quality of care given to patients.

- **MedAssist.** This program provides vital bridge medications — 31 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, MedAssist also connected patients to 676 prescriptions for free medications valued at \$411,796.
- **Mobile mammography.** Methodist's mobile mammography unit brought breast cancer screenings directly to 2,000 women this year, including 942 in the Methodist Dallas service area.



Fourth- and fifth-grade students from Felix G. Botello Elementary School in Oak Cliff talk to Raymond Munoz, MD, hospitalist on the medical staff at Methodist Dallas, during an After-School All-Stars class.



Members of the Methodist Dallas cycling team gather for a photo at the Dallas Bike Ride in November. The hospital was a presenting sponsor of the Finish Festival.



Methodist staff members and their families participated in the Pancreatic Cancer Action Network's PurpleStride DFW Walk/Run. Pictured here are (from left) Hellen Oduor, Elaina Vivian, Beth Lowder, Andrea Lee, Allison Vo, and Jasmine Flores with her young daughter, Camille.

SERVICE AND SUPPORT IN 2018

We were proud to offer or sponsor these and other community events and organizations last year:

- Armstrong Bradfield Preschool Association
- Armstrong Elementary PTA
- Bastille on Bishop
- Bike Friendly Oak Cliff
- Bishop Arts District Merchants Association
- Bishop Dunne Catholic School
- Black Tie Dinner
- Blues, Bandits, and BBQ Festival
- Boss Women Who Brunch
- Bradfield Elementary School PTA
- Cattle Baron's Ball
- Dallas Aquatics/Kidd Springs Pool
- Dallas Children's Advocacy Center
- Dallas Education Foundation
- Dallas Mayor's Back to School Fair
- East Kessler Park Neighborhood Association
- La Fiesta de las Seis Banderas
- Friends of Oak Cliff Parks
- Girl Scouts of Northeast Texas
- Good Space Dash for the Beads 5K/10K
- Heritage Oak Cliff
- James S. Hogg Elementary School
- KERA Public Broadcasting for North Texas
- The Kessler School
- Kiwanis Club of Pleasant Grove
- Mothers' Milk Bank of North Texas
- North Oak Cliff Greenspace
- Oak Cliff Film Festival/Texas Theater
- Oak Cliff Lions Club
- Oak Cliff Society of Fine Arts
- Oak Cliff Works
- Park Cities Rotary Club
- Rosemont Early Childhood PTA
- Southwest Transplant Alliance
- Springhill Montessori PTO
- St. Cecilia Catholic School
- Trinity Commons Foundation
- The Turning Point
- Twelve Hills Nature Center
- Tyler Street Christian Academy
- University Park Elementary PTA
- University Park Merchants Association
- The Well Community
- Winnetka Heights Neighborhood Association
- Women of Purpose
- Wynnewood North Neighborhood Association
- Young Texans Against Cancer.



Nurse Manager Kelly Finney, BSN, RN-BC, cuts the ceremonial ribbon to open the newly remodeled transplant unit on 4 Schenkel Tower. Also present are members of the design and nursing teams; Barbara Madson Madden, MSN, RN, vice president of nursing and chief nursing officer; Roberto Collazo-Maldonado, MD, nephrologist; John Phillips, FACHE, president of Methodist Dallas; and Ben Houston, chair of the Methodist Dallas Advisory Board.

Restoring hope for organ recipients

One hundred sixty-nine — that's how many transplants were performed at The Transplant Institute at Methodist Dallas Medical Center in fiscal year 2018. All of these transplant patients received the gift of life, but for 18 of these organ recipients, that gift came from a living donor.

There are 100,000 Americans on organ donor waiting lists. To bring awareness to the need for organ donation, Methodist Dallas broadcast a living-donor kidney transplant from the operating room via a Facebook Live event on June 15, 2018. The recipient was 20-year-old Jessica Gutierrez, who received a kidney from her mother, Maribel Gutierrez. As of now, the mother-daughter transplant surgery has been watched more than 172,000 times and shared more than 700 times!

The live broadcast also showed how amazing robot-assisted surgery is. Viewers were able to see and learn how Methodist Dallas surgeons used the da Vinci® Surgical System to extract the kidney from Maribel, which is less invasive and can result in a shorter healing time for patients.



Maribel Gutierrez (right) gave her youngest daughter, Jessica, the gift of life by giving her one of her own kidneys. Portions of the transplant surgery were broadcast live from the operating room via Facebook.

REPUTATION FOR EXCELLENCE

Since it was founded more than 35 years ago, the transplant program at Methodist Dallas has accomplished many firsts while improving and saving almost 3,000 lives through organ transplants, treatments, and clinical research. Our success in this area has been due in large part to our multidisciplinary team, which includes leading clinicians in the fields of hepatology, gastroenterology, oncology, interventional radiology, hepatopancreaticobiliary surgery, and organ transplantation.

In 2018, the transplant unit on the fourth floor of Schenkel Tower was renovated to better serve transplant patients and their families. The new transplant unit has two new patient suites, a bigger locker room, three open nurse substations, and a serenity room for staff. The new space opened in November.

CARE YOU CAN TRUST

Here are just some of the accolades we've received in the past year:

Methodist Health System

- Ranked second on the DiversityInc Top Hospitals and Health Systems list
- 205 physicians on the medical staff among the *D Magazine* Best Doctors in Dallas
- 20 Methodist Family Health Centers and Medical Groups, owned or operated by Methodist Medical Group, recognized at the highest level by the National Committee for Quality Assurance for their patient-centered medical home programs

Methodist Dallas

- Three *D Magazine* Excellence in Nursing Award winners and one DFW Great 100 Nurses winner
- Seventh consecutive A grade for Patient Safety in The Leapfrog Group® Spring 2018 and Fall 2018 Hospital Safety Score ratings
- Recertified by The Joint Commission as the first and only disease-specific programs in the country for pancreatitis, pancreatic surgery, and pancreatic cancer
- Orthopedic surgeon on the medical staff honored with the Lifetime Achievement Award in the *D CEO* Excellence in Healthcare Awards
- Hepatologist on the medical staff named a finalist for the 2018 *D CEO* Excellence in Healthcare Award for Achievement in Medical Research
- Certified as a Comprehensive Stroke Center by DNV GL Healthcare, Methodist Dallas is the first hospital in southern Dallas to receive this international accreditation
- Level III (Intensive Care Unit) Neonatal Facility Designation by Texas Department of State Health Services
- Methodist Dallas Wound Care and Hyperbaric Center reaccredited as a Clinical Hyperbaric Medicine Facility by the Undersea and Hyperbaric Medical Society
- Clinical achievements designated by Healthgrades:
 - Recipient of the Patient Safety Excellence Award™
 - Named among the top 5 percent in the nation for patient safety
 - Recipient of Bariatric Surgery Excellence Award™
 - Five-star recipient for hip fracture treatment, spinal fusion surgery, esophageal/stomach surgery, vaginal delivery, and overall bariatric surgery.

Methodist Dallas is proud to be one of the most recognized transplant centers in the nation. Learn more at MethodistHealthSystem.org/Dallas-Transplant.

NUMBERS TO KNOW



10,709 The number of people Methodist Health System employed in 2018.

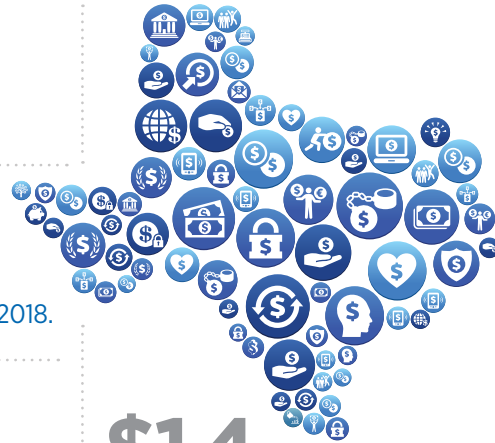
3,063

The number of people employed by Methodist Dallas Medical Center in 2018.



505

Number of volunteers at Methodist Dallas in 2018.



516 Number of people employed by Methodist Dallas in 2018 who live in the Oak Cliff neighborhood.

\$150 MILLION How much Methodist Health System provided in unreimbursed charity care in fiscal year 2018.

\$1.4 BILLION

Methodist Health System's 2018 economic impact, including from income and benefits provided for employees.

15 The number of consecutive years that Methodist Health System has been named among the Best Places to Work by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the eighth year running.



4 The number of years Methodist Health System has been part of the Mayo Clinic Care Network. Both Methodist and Mayo Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace.



METHODIST DALLAS ADVISORY BOARD

Thank you to the outstanding people serving on our advisory board: (front row, from left) Elba Garcia, DDS, PhD; Janie Means Gilmore; Ben Houston, chair; Delia Jasso; and the Rev. Andy Stoker, PhD; (back row) Julie Yarbrough; the Rev. Larry George, DMin; Jim Fite; Frank Bracken; Kirk Wiginton; Henry Jefferson, MD; John Phillips, FACHE, president, Methodist Dallas; and Alan Walne; (not pictured) Glenn Bodinson; Yon Jordan; Pat Smith; Darrell Thigpen, MD; and Casey Thomas.

WE PROUDLY SUPPORT THESE LOCAL CHAMBERS OF COMMERCE

- Dallas Black Chamber of Commerce
- Dallas Regional Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Oak Cliff Chamber of Commerce

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit MethodistHealthSystem.org/Foundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.

The Methodist Alliance for Patients and Physicians (MAP²) is an independent legal entity and is established for purposes of managing the health of the communities served by Methodist Health System by arranging for high-quality healthcare services, while reducing the growth in healthcare expenditures through enhanced care coordination. The physician members of MAP² are independently practicing practitioners and are not employees or agents of MAP², Methodist Health System, or any of its affiliated hospitals.

Methodist Family Health Centers and Medical Groups are owned and operated by MedHealth/Methodist Medical Group and are staffed by independently practicing physicians who are employees of MedHealth/Methodist Medical Group. The physicians and staff who provide services at these sites are not employees or agents of Methodist Health System or any of its affiliated hospitals.

